

# COVID-19 TRANSITION BACK TO SCHOOL

## SOURCES OF RISK - CHILDREN, YOUNG PEOPLE (CYP) FAMILIES AND SCHOOL



### SCHOOL



#### CHILDREN AND YOUNG PEOPLE

- Differences in CYP's experiences of health, education and care
- Differences in CYP's understanding and experiences of COVID-19
- Differences in CYP's educational needs and experiences due to different home learning opportunities
- The need for a balance between return to school routine versus the need for emotional space and support

#### STAFF



- Impact on staff's social, health and psychological wellbeing
- Staff experience of loss
- Staffing availability
- Staff feeling unprepared for return

#### LIMITED MOTIVATION TO RETURN TO SCHOOL

- Home feels safe
- Preference for home learning and working
- School leavers have already processed ending
- Short return to school before summer holidays
- Increased time spent with family
- Increased personal agency and free time during school closure



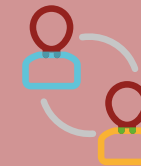
#### ROUTINES



- "New / temporary normal" - Normalisation of COVID-19 routines and guidance
- Ongoing uncertainty around structure of routine in the changing context of COVID-19
- What transitioning back to school will involve and look like
- Social distancing and early years

#### LOSS & GRIEF

- Death and bereavement
- Loss of social connection
- Loss of belonging
- Loss of education
- Loss of opportunity to mark transition and rites of passage such as school endings, exams and social events
- Loss of feelings of achievement (e.g. not being able to sit exams)
- Loss of choice and freedom with regards to socialising and work opportunities
- Loss of routine and structure



### INDIVIDUAL

#### ANXIETY

#### Practical concerns:

- Own and others' health
- Routines and guidance
- Worrying about travel
- Second wave of virus
- Transitioning to school and between years
- School endings
- Learning and missed opportunities
- Catching up on work

#### Psychological concerns:

- Impact on friendships and relationships with trusted adults
- Prior anxiety around school exacerbated
- Not wanting to return to school
- Expectations around return to school

#### HOME LIFE

- Diversity of opportunities (e.g. living conditions)
- Safeguarding concerns (e.g. increased risk of experiencing / witnessing abuse)
- Increased vulnerability to gangs and grooming
- Family stress and anxiety
- Differences in how families and family members understand COVID-19
- Financial difficulties and parental job losses
- Communication difficulties between home and school
- Children looked after

### FAMILY



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