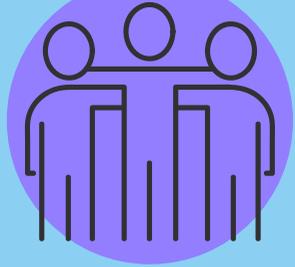


CREATING RESILIENT CLASSROOMS



RELATIONSHIPS



- Foster reconnection and rebuild relationships
- Promote a sense of belonging
- Support social times
- Manage feelings around separation

CHILDREN'S PERSPECTIVE

Do I know the member of staff who is teaching me? Do they know me? Do my friends remember me? Are my friends in school? How can we play together? Will I miss my family whilst I am at school? Have I lost a relationship?

COMMUNICATION



- Be transparent when communicating
- Give information that is factual and differentiated
- Support children to listen, and ensure they are listened to
- Provide a safe space and time to communicate
- Foster communication between staff, home and school

How do I communicate? How do I know if you are listening to me? Do you understand me? Who can I talk to? Do I understand the situation (COVID-19)? What do I do if I don't understand? How can my parents communicate with school?

EMPOWERMENT



- Recognise each child as an individual
- Allow opportunities for self-directed learning
- Enable meaningful participation
- Celebrate successes
- Build self-esteem and locus of control
- Personalise and differentiate learning and support

How am I making choices in my day? Do I know what my choices are? What are you doing to help me feel more confident? How can I celebrate success? Am I experiencing success? Is this the best way for me to learn?

LEARNING FOR LIFE



- Promote self-awareness and reflection
- Take a strengths-based and positive approach
- Develop metacognitive skills
- Promote hope in the community
- Acknowledge that the situation is uncertain
- Acknowledge and affirm feelings and emotions, and support emotional literacy
- Rebuild confidence

Are you supporting my emotional wellbeing before learning? Am I having time to think about how I feel? Do I know it's ok to feel this way? How are all my emotions being treated with acceptance? How do I learn during this time? What new things have I learned? What has school closures taught me about myself/my world? How is my future being impacted? How can I cope with uncertainty?

SAFETY



- Ensure boundaries are transparent
- Maintain school values
- Create a calm, nurturing, open and supportive environment
- Establish clear and defined routines

Is it safe to be at school? How do you know if I feel safe? How can I stay calm? How are you supporting me to accept the 'temporary normal'? Will my day look different? What helps my teacher's feel safe? Who is there to support my teacher?

 **For more information, please email:**
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